## Life Skills for Single Parents

Presented by:
Parents Place
1570 E. Moreland Blvd.
Waukesha WI

On-going support group

Meets every
1st & 3rd
Monday of the
month from
5:30-7:00 p.m.

FREE Child
Care Available

Registration required: 262-549-5575









Being a single parent can be overwhelming.

You can cope with the stress of single parenthood! Millions of other single parents have done it, have raised happy, healthy, responsible children, and are enjoying happy, fulfilled lives.

Join other single parents to build positive support, learn the key to resilience, reduce stress, and develop coping skills that strengthen you and your children.